## So I Carry On - Lauria

Sometimes when I feel so sad

I lose my mind to blame

No one but me and my lies

Am I already insane?

Will I reach perfection?

Control my emotions?

Tired of shame and the pain of addiction

Then I take a break and breathe

I gotta find some peace so

I'm letting go of my doubts
I am the wind, the sun, alive
I'll fight for my heart
Every beat to give me life
I got all my love
Gotta do something with that
I know it's darkest before dawn
So I carry on
It feels like I belong

I am strong
Yes I belong
I have everything in me
To move on
Come along
I know what I'm meant to be
I am precious
I am fine

I will take care of my mind

And I'll do it everything

I'm pushed or I dive (ooh-ooh)

It won't be easy, yes I know (ooh-ooh)

I refuse to give in no, no, no

I'm letting go of my doubts
I am the wind, the sun, alive
I'll fight for my heart
Every beat to give me life
I got all my love
Gotta do something with that
I know it's darkest before dawn
So I carry on
Finally, I belong